

SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 03/05/2019

Men - Division 2

A String				
Pos	Club	Athlete	Club	Perf

M35 400m

1	A3	Peter Davey (M45)	Ashford	57.0
2	K3	Steve Jones (M40)	Swanley	59.2
3	F3	Daniel Marks	Blackheath and Bromley	60.7
4	S3	Graham Dwyer (M45)	Sevenoaks	63.7
5	P3	Trevor Simms (M50)	Paddock Wood	64.5
6	X3	Luke Speller (M40)	Bexley B	67.5
7	H3	Paul Dawes (M45)	Dartford B	71.1

M35 3000m

1	F3	Gareth Evans (M40)	Blackheath and Bromley	9:53.3
2	H3	Chris Biddle	Dartford B	9:58.9
3	P3	Wayne Balmer (M40)	Paddock Wood	10:02.4
4	S3	Daniel Witt (M40)	Sevenoaks	11:07.5
5	K3	Paul Webster (M45)	Swanley	11:15.9
6	X4	Luke Speller (M40)	Bexley B	11:35.0
7	A3	Peter Le Rossignol	Ashford	12:58.8

M35 Pole Vault

1	A3	Peter Le Rossignol	Ashford	2.00
2	F3	Reynaldo Guevara (M40)	Blackheath and Bromley	1.20

M35 Triple Jump

1	A3	Stephen Lake (M45)	Ashford	10.21
2	K3	Steve Jones (M40)	Swanley	8.70
3	F3	Simon Parish (M45)	Blackheath and Bromley	8.69
4	S3	Graham Dwyer (M45)	Sevenoaks	8.61
5	X3	Tan Truong (M45)	Bexley B	5.91

M35 Javelin

1	P3	Wayne Balmer (M40)	Paddock Wood	40.34
2	A3	Stephen Langford (M60)	Ashford	20.60
3	K3	Nigel Goddard (M55)	Swanley	13.93
4	F3	Gareth Evans (M40)	Blackheath and Bromley	13.36
5	S3	Duncan Cochrane (M60)	Sevenoaks	11.85

M50 400m

1	H5	Colin Bates (M55)	Dartford B	62.9
2	P5	Trevor Crysell	Paddock Wood	65.1
3	S5	Zachary Ramsden	Sevenoaks	67.8
4	F5	Roger Beswick (M55)	Blackheath and Bromley	70.8
5	A5	Wayne Howe (M60)	Ashford	82.1
6	X5	David Olszowka (M55)	Bexley B	85.7
7	K5	Nigel Goddard (M55)	Swanley	87.2

B String				
Pos	Club	Athlete	Club	Perf

1	F4	Simon Parish (M45)	Blackheath and Bromley	60.5
2	A4	Stephen Lake (M45)	Ashford	64.7
3	K4	Paul Webster (M45)	Swanley	67.6
4	P4	John Tilston (M40)	Paddock Wood	68.4
5	H4	Nicholas Varley (M50)	Dartford B	75.1
6	X4	Tan Truong (M45)	Bexley B	76.0
7	S4	Jim Knight (M65)	Sevenoaks	97.4

1	P4	Robert Everitt (M45)	Paddock Wood	10:34.3
2	F4	Steven Hough (M45)	Blackheath and Bromley	11:03.5
3	H4	Paul Dawes (M45)	Dartford B	11:12.6
4	S4	Graham Dwyer (M45)	Sevenoaks	11:52.9
5	X3	Santos Diana (M45)	Bexley B	12:32.5

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A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

M50 3000m

1	P5	Steve Wright	Paddock Wood	10:45.5
2	H5	David Hall	Dartford B	10:48.2
3	F5	Roger Beswick (M55)	Blackheath and Bromley	10:56.7
4	S5	Zachary Ramsden	Sevenoaks	11:12.0
5	A5	Kevin Williams (M55)	Ashford	12:26.2
6	X5	Andy Whitnell	Bexley B	13:08.1
7	K5	Andy Dunmall	Swanley	13:10.9

M50 Pole Vault

1	A5	Mick Goodall (M65)	Ashford	2.00
2	P5	Mark Woods (M55)	Paddock Wood	1.80
3	F5	Alan Hardy (M60)	Blackheath and Bromley	1.60

M50 Triple Jump

1	A5	Wayne Howe (M60)	Ashford	9.01
2	P5	Trevor Crysell	Paddock Wood	8.99
3	F5	Roger Beswick (M55)	Blackheath and Bromley	5.88
4	X5	David Olszowka (M55)	Bexley B	5.70

M50 Javelin

1	F5	Stephen Langdon (M60)	Blackheath and Bromley	34.09
2	A5	Wayne Howe (M60)	Ashford	31.90
3	H5	Colin Bates (M55)	Dartford B	23.76
4	P5	Trevor Crysell (M50)	Paddock Wood	21.39
5	K5	Robert Myers (M50)	Swanley	17.30
6	S5	David Simpson (M75)	Sevenoaks	13.52
7	X5	Andy Whitnell (M50)	Bexley B	7.06

M60 400m

1	A6	Stephen Langford	Ashford	70.5
2	P6	Les Percival (M65)	Paddock Wood	70.6
3	F6	Robert Brown (M65)	Blackheath and Bromley	71.5
4	S6	Duncan Cochrane	Sevenoaks	79.2
5	X6	Barry Leaf	Bexley B	86.0
6	K6	Kevin Ladley	Swanley	95.4

M60 Triple Jump

1	A6	Stephen Langford	Ashford	9.59
2	P6	Les Percival (M65)	Paddock Wood	6.56
3	F6	Robert Brown (M65)	Blackheath and Bromley	6.23
4	K6	Kevin Ladley	Swanley	njr
4	X6	Barry Leaf	Bexley B	njr

Match Details

1	Blackheath and Bromley	7	76
2	Ashford	6	74
3	Paddock Wood	5	67
4	Sevenoaks	4	35
5	Dartford B	3	33
6	Swanley	2	32
7	Bexley B	1	24

1	Blackheath and Bromley	7	76
2	Ashford	6	74
3	Paddock Wood	5	67
4	Sevenoaks	4	35
5	Dartford B	3	33
6	Swanley	2	32
7	Bexley B	1	24

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A String			
Pos	Club	Athlete	Perf

B String			
Pos	Club	Athlete	Perf

Mens Non Scoring Results

M35

3000m

David Reader (M45)	Cambridge H	10:14.1
Ian Firla (M45)	Blackheath & Bromley	10:20.3
James Beeston (M45)	Tonbridge AC	10:42.5
Darren Corneille (M35)	Blackheath & Bromley	10:55.0
Justin Lane (M40)	Medway & Maidstone AC	10:01.7
Andrew Rackham (M45)	Sevenoaks AC	12:44.0

M50

400m

Phil Greenfield (M55)	Bromley Veterans	72.9
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3000m

Mark Pitcairn-Knowles (M50)	Tonbridge AC	10:57.5
Alan Buckle (M50)	Tonbridge AC	11:18.3
Jerry Carnell (M60)	Cambridge H	11:39.7
Robert Fursey (M50)	Medway & Maidstone AC	11:48.2
Antony Fullbrook (M50)	Tonbridge AC	12:00.9

SCVAC LEAGUE - KENT DIVISIONS - Sutcliffe Park, Eltham 03/05/2019

Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

W35 400m

1	B3	Angela Smart (W45)	Bexley	71.9
2	N3	Nichola Evans	Tonbridge B	73.9
3	M3	Bernadette Harrop (W45)	Medway and Maidstone	75.2
4	J3	Anne Unseld (W70)	Bromley Veterans	92.2

W35 3000m

1	N3	Nichola Evans	Tonbridge B	ntr
2	M4	Bernadette Harrop (W45)	Medway and Maidstone	ntr
3	B3	Beata Kubala-Todd (W40)	Bexley	ntr
4	J3	Anne Unseld (W70)	Bromley Veterans	ntr

W35 Triple Jump

1	B3	Sarah Dodds (W40)	Bexley	7.47
2	N3	Nichola Evans	Tonbridge B	6.43
3	J3	Tracey Simmons (W40)	Bromley Veterans	5.09

W35 Javelin

1	M3	Vanessa Hannam (W45)	Medway and Maidstone	21.04
2	B3	Angela Smart (W45)	Bexley	10.10
3	N3	Kim Cross (W35)	Tonbridge B	6.95

W50 400m

1	B5	Wendy Masters	Bexley	71.1
2	M5	Mo Fazakerley (W55)	Medway and Maidstone	78.9
3	J5	Antoinette Whitfield (W55)	Bromley Veterans	89.1
4	N5	Edina Hellyer	Tonbridge B	94.8
5	S5	Sylvia Lewis (W65)	Sevenoaks	120.0

W50 3000m

1	M5	Mo Fazakerley (W55)	Medway and Maidstone	ntr
2	J5	Antoinette Whitfield (W55)	Bromley Veterans	ntr
3	B5	Geraldine Legon (W60)	Bexley	ntr
4	S5	Sylvia Lewis (W65)	Sevenoaks	ntr

W50 Triple Jump

1	B5	Wendy Masters	Bexley	8.09
	J5	Antoinette Whitfield (W55)	Bromley Veterans	ntr

W50 Javelin

1	M5	Mo Fazakerley (W55)	Medway and Maidstone	16.03
2	B5	Christine Pates (W55)	Bexley	14.86
3	J5	Antoinette Whitfield (W55)	Bromley Veterans	14.52
4	N5	Edina Hellyer	Tonbridge B	6.68
5	S5	Sylvia Lewis (W65)	Sevenoaks	5.58

W60 400m

1	N6	Sue James (W65)	Tonbridge B	101.6
2	J6	Barbara Baker (W65)	Bromley Veterans	103.4
3	B6	Geraldine Legon	Bexley	112.2
4	S6	Lesley Knight (W65)	Sevenoaks	117.4

W60 Triple Jump

1	B6	Liz Slater	Bexley	5.82
2	J6	Anne Unseld (W70)	Bromley Veterans	5.77

B String				
Pos	Club	Athlete	Club	Perf

1	B4	Sarah Dodds (W40)	Bexley	78.3
2	N4	Angie Crush (W40)	Tonbridge B	82.3
3	J4	Tracey Simmons (W40)	Bromley Veterans	89.0

1	N4	Grazia Manzotti (W45)	Tonbridge B	ntr
2	M3	Rachael Stewart (W40)	Medway and Maidstone	ntr
3	B4	Sue Lawrence (W50)	Bexley	ntr

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Women - Division 2

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

W60 Javelin

1	B6	Liz Slater (W60)	Bexley	13.01
2	A6	Patricia Oakes (W70)	Ashford	11.43
3	N6	Sue James (W65)	Tonbridge B	6.73
	S6	Lesley Knight (W65)	Sevenoaks	ntr

Match Details	Mt Pts	Pts
1 Bexley	7	81
2 Tonbridge B	6	57
3 Bromley Veterans	5	46
4 Medway and Maidstone	4	44
5 Sevenoaks	3	14
6 Ashford	2	6

Overall Details	Tot Mt Pts	Tot Pts
1 Bexley	7	81
2 Tonbridge B	6	57
3 Bromley Veterans	5	46
4 Medway and Maidstone	4	44
5 Sevenoaks	3	14
6 Ashford	2	6

Womens Non Scoring Results

W35

3000m

Tracy Paddington (W45)	Tonbridge AC	12:40.8
Sarah Belaon (W35)	Blackheath & Bromley	12:42.5