



SAC Update No 60 April 2013

There was a good attendance at the AGM. Membership is increasing, income is up & we have had a highly successful season on the roads, on the track, and cross-country. There was lively discussion with lots of constructive suggestions on how we do even better in 2013. The following awards were made;-

2013 Trophy Presentations (for achievement in 2012)



Geoff Kitchener - Challenge cup for services to the club



Sally Shewell - Alex Wilson Cup for Athletic Achievement

Road Race Grand Prix



Winner – Pauline Dalton

Second – Geoff Vine



Third – Richard Pitcairn Knowles

Track & Field Grand Prix



Winner – Geoff Kitchener



Second – Paul English

Handicap Competition



Winner - Andy Evans



Third - Daniel Witt

(second was Andy Rackham)

Grand Prix Team Competition



Winners –Paul Tabor, Ron Denney
& Chris Desmond (absent)



Runners Up – Happy Fisher,
Richard Pitcairn Knowles & Steve
Seagrove (absent)

Other Winners

Male Cross Country Runner of the Year 2011-12: Geoff Vine

Female Cross Country runner of the Year 2011-12: Heather Fitzmaurice

Most improved in Track & Field Grand Prix Winner: David Simpson

Most improved in Road Race Grand Prix Winner: Sally Shewell

Congratulations to all the winners.

Jim

jim@7oaks-ac.org.uk